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GROUND ZERO

*With your help I can advance against a troop;  
with my God I can scale a wall. 2 Samuel 22:30*

Father,

As we move into this journey of 40 days of prayer, may our vision be on You. Take us from self-centered living to God-centered living. Teach us to follow your ways. Help us see you through fresh eyes. Lead us to know you for who you are rather than false belief established over the years. Open our understanding, increase our faith, and restore our vision. Amen.

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DAY ONE

*What is man that you are mindful of him,  
the son of man that you care for him? Psalm 8:4*

Lord,

Thank you that you are mindful of me, that you think of me every second, and that I am never beyond your reach. My confidence and trust rest in You.

Father, my heart's desire is to start this year off mindful of You. May I remember your presence every day and not miss the ways You show me Your nearness and love. You were on Your throne before I was born, and You will rule over Your creation throughout all eternity. In that knowledge are trust and peace. In You, I find love, provision, watchfulness, and protection. I love you, Lord. Teach me to love You more. Amen.

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DAY TWO

*I will lead the blind by ways they have not known,  
along unfamiliar paths I will guide them. Isaiah 42:16*

Lord,

You are Almighty God. You are Comforter, Healer and Friend. In you, we find refuge and strength.

Lord, plant the seed of desire in the hearts of my family and friends who do not yet know You. Lift the veil that blinds their minds to You, that they may see Your goodness and Your love. Help me pray for and love others while staying out of Your way as You work within the circumstances of their lives to draw them near. May I step away from the temptation to be their god who tries to keep them from pain, and may I step up to consistently point them to you – the greatest Friend, Provider and Comforter of all. Teach me to walk within Your boundaries of love and care, Lord, so that my life is Your light. Amen.

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DAY THREE

*Delight yourself in the Lord  
and He will give you the desires of your heart. Psalm 37:4*

Lord,

Your plans for us are for prosperity, to walk in Your hope, and to fulfill Your divine purpose in life. Thank you that You love us so much You guide our path to the best life we can have. You meet our every need. May our desire be for You alone.

Today, I pray for the influence my family has in the community. May our lifestyle not be seen or used as justification for others to sin against You. May we hold to the higher standard as we seek to be used by You, as a testimony of Your love, forgiveness and grace. May Your love freely flow from our lives and lips, even when we are unaware that others are watching. Help us to better reflect you, Lord, in our words, behaviors and emotions, so You will be seen and lifted high. Amen.

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DAY FOUR

*Increase our faith. Luke 17:5*

Lord,

You are Alpha and Omega, the first and the last. You are faithful.

In the past, my trust in you has wavered, my belief that you can do all things has been shaken, and I have relied on self to do things “for you”. This year, I pray for an increased faith and the ability to see life and circumstances from Your perspective. Let me step aside from self-sufficiency and into you, my all sufficient God.

I pray for perseverance to wait on You, as You prompt me to “be still”. I pray for faith to stand firm in the midst of adversity, knowing you are at work behind the scenes. I pray for tenacity to hold firmly to You, through thick and thin, belief and unbelief, joy and sorrow. Set me on the rock of Your foundation, that my faith and feet not be moved from understanding that every battle is Yours, and You will lead my every step. Increase my faith Lord. Amen.

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DAY FIVE

*The Lord is my Shepherd, I shall not want. Psalm 23:1*

Father,

Thank you that you are present at all times. You are as near as a breath and a call away. You remind us, “Call to me and I will answer.”

Thank you for life and health. Bring healing to our bodies, Lord. Place a hedge of protection around us, that our minds and bodies are protected from further negative impact. Touch us and bring healing to our inmost parts, our minds, our chemical balances, our bones, and bloodstream. Shine your light in the dark places of the mind and bring peace. Calm anxious thoughts and still our fears. Let us release our burdens to you so we may find rest. May your presence be the balm of Gilead as you embrace us strongly with your love. May we be of sound mind and thought, as we focus on You. Hold us steady and use us to speak words of healing to others. Amen.

DAY SIX

*The Lord is faithful to all His promises.*

Lord, you are faithful. I can depend on you during the good and bad times. Great is thy faithfulness.

Today is a fresh opportunity to renew my faithfulness to you and to others. Hold me steady in honoring commitments and promises made. Help me to commit only to things I know I will be able to honor. Remind me to consider the implications before making commitments. A person is known for their integrity in honoring their word. Infuse in me a will to walk in integrity, honoring each vow, promise and commitment. Give me the courage and wisdom to communicate fully and honestly when one of these must be broken or delayed due to situations beyond my control. May this be a year I push through inconveniences and honor you in honoring my word. In everything, help me to set an example by doing what is good. Amen.

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DAY SEVEN

*Give, and it will be given to you. Luke 6:38*

Lord, thank you for your provision of love, forgiveness, food, clothing and shelter. May I honor you with the same generosity by giving to those in need. Whether it be a gift of finances, a kind word or worn coat, grocery money, or honor and respect. May I give generously to your Kingdom without worry that the remainder will not stretch far enough. Amen.

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DAY EIGHT

*"Because you are lukewarm..." Revelation 3:16*

Lord, you alone are worthy of worship and praise. May I daily lift my eyes to you.

Father, may your fresh waters wash over me daily, keeping me alive in you. A daily renewal of faith, hope, love and outreach will keep me from growing stale in my spiritual walk. Stir my faith and willingness to initiate relationships with those outside my circle of influence. Help me broaden my world by breaking the routine, speaking with those I do not know, and inviting them into a conversation. May I be a breath of fresh air wherever I go. May I represent you in a way that is a draw rather than a repellent. May I be willing to take the first step to broaden my circle and welcome others in. Otherwise, the waters of my life will run stale and make no impact for your kingdom. Amen.

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DAY NINE

*"He has sent me to proclaim freedom to the captives." Luke 4:18*

Father, thank you for the freedom we have in you, freedom from the grip of sin, from guilt, shame, and condemnation.

We pray this same freedom for the unbelievers in our lives. May pride and rebellion be cast off and replaced with a desire to know you. Soften the heart of the unbeliever and open their eyes to your goodness. Place godly people in their path every day to plant seeds of love, peace, forgiveness and freedom. We know your desire is that all come to you and that none perish. Hold us faithful in praying for our unbelieving family and friends, that your love be known and received, and that eternal life will be their greatest gift. Amen.

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DAY TEN

*“For we are God’s workmanship.” Ephesians 2:10*

Lord, you rule the universe, yet you see and know me personally and call me by name. Thank you that I do not have to earn your love, which is unconditional, pure and available.

Father,

On the days I feel less-than, not enough, and insecure, may my inner spirit reach up to you and pull you close. You are my “enough”, my “security.” I am your design, created in Christ Jesus to walk with you. Help me see Self through your eyes of love, purpose and uniqueness. Help me see others through your eyes, remembering we all have days of insecurity, fear and feeling less than. May your compassion flow through me for myself and for others – that I not allow unmet expectations to be a blockage for Christlike love to flow. Amen.

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DAY ELEVEN

*“Come to me and you will find rest for your soul.” Matthew 11:28-29*

Lord,

You are our Great Physician, our Healer. Thank you for the depth of love and grace you pour over us daily.

Thank you for answering our prayers in ways unique to each person. You are gentle in the way you work and move in our lives. Today, we lift a prayer of humility and need, and we invite you to touch us and make us whole. Heal our emotions – those feelings hidden deep within that have not been worked out because the pain is too great. Give us strength to look within and do the inner work of feeling the pain of past brokenness. Give us courage to allow the pain to be resurrected and grieved so we may be healed and restored to the person you created us to be. We are weary of running. Help us face and work through the inner wounds, knowing that our wholeness and healing will be a light to others who struggle with similar hurts. We desire to be our best for you and for those you put in our pathway. Infuse us with your courage and strength. Amen.

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DAY TWELVE

*“Humble yourselves before the Lord, and He will lift you up.” James 4:10*

Lord,

You are good and upright, loving and faithful. You sustain us with your Word and your everlasting love.

Father, We see it all around – pride, fear, people acting out against one another, government against government, nation against nation. Help us stay above the noise of opinion and the condemnation of those things we do not control. Rather, Lord, lead us in praying for those in leadership and authority, for we know you hear our prayers and watch over our land. Use us to change the landscape in our sphere of reach by showing grace and humility, love and hope. May our words, actions and attitudes reflect your ways. May our relationship with you dictate what we say, how we say, and the love and respect shown. Help us represent your truth, not through a spirit of pride or righteous opinion, not through rebellious slander or religious superiority. No, that is the way of the world. You have called us higher in our thoughts, actions and reactions. Keep us in alignment with you. May we have wisdom and strength to bless those who come against us, our government, and our nation. We are followers of Christ. Help us represent you on the soil of this land that so desperately needs peace, love and humility. May the change begin within our hearts and may love prevail. Amen.

DAY THIRTEEN

*And this is love, that we walk in obedience to His commands. 2 John 1:6*

Lord, you are merciful, gracious and longsuffering in your love for us. Thank you.

Father, Give us a heart of obedience to love others and walk in your ways. May we seek to become more like you by giving priority to your Word and applying your teachings in our daily life. Help us apply scripture in being kind to others, even with the simple acts of returning the grocery cart to the stall, putting garbage in the trash can, or leaving the closest parking spot for someone else. Give us understanding in how to break down scripture into bite size pieces we can apply daily. We love you Lord. May our lives reflect that! Amen.

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DAY FOURTEEN

*Demolish every pretension that sets itself up against the knowledge of God. 2 Corinthians 10:5*

Lord, today I pray for strength to cut the strongholds I have allowed into my life, specifically that of being a people pleaser. Your will is what I desire, not that of pleasing others who use me to fulfill their requests, carry their burdens, and make them happy. Lead me, step by step, away from the need to please others who have defined me in the past. Give me courage to say "NO" even though it will make others angry or inconvenienced. Lord, I no longer desire to sacrifice my life's call and purpose to meeting the needs of those who use me as a crutch. Help me cut the strings of codependence to those who use and depend on me in unhealthy and selfish ways. Help me learn to care for Self, knowing it is not a sin to be a good steward of my body, soul and mind. Forgive me for giving away the rights to Self in unhealthy ways. Let me be a God-pleaser rather than a people-pleaser, which is the true path to finding my significance. Amen.

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DAY FIFTEEN

*My yoke is easy, my burden is light. Matthew 11:30*

Lord, today is a day of praise. May my heart and eyes be reset on you.

Oh Lord, how majestic is your name in all the earth. You have set your glory above the heavens. I will praise you, O Lord, with all my heart. I will tell of all your wonders. I will be glad and rejoice in you; I will sing praise to your name, O Most High. You are a refuge for the oppressed, a stronghold in times of trouble. Those who know your name will trust in you, for you, Lord, have never forsaken those who seek you. You are the Father to the fatherless, you hear the desire of the afflicted; you encourage them and listen to their cry. The Lord lives! Praise be to my Rock! You are the stronghold of my life. I love you, O Lord my strength. Amen.

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DAY SIXTEEN

*"Perseverance must finish its work so that you are mature and complete." James 1:4*

Lord,

Help me persevere in life; to pray for self and others without growing weary in the wait; to pray for situations and circumstances without discouragement setting in. Help me endure hardship with faith that you are always at work behind the scenes, working on behalf of your children. Help me through the battle of pain and affliction, to praise you rather than blame you, knowing each battle brings me closer to you. Though I do not always understand life's harder days, I trust you to work good from evil. You are God, and there is no other. Amen.

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DAY SEVENTEEN

*“Blessed are the pure in heart.” Matthew 5:8*

Lord, you call us “chosen”, “dearly loved.” Oh, that we could grasp the depth of your love. It overwhelms yet confounds us; it is unconditional, yet we strive to earn it. Our humanity struggles with love. You tell us, “follow the way of love” adding, “love is the most excellent way.” Remind us, again, Lord. What is love? “Love is patient and kind. It does not envy or boast. It is not proud, rude or self-seeking. It is not easily angered and doesn’t keep a record of wrongs. Love rejoices in truth and does not delight in evil. It always protects, trusts, hopes and perseveres. Love never fails. It is the most excellent way.” Oh Lord, that we would choose to love even when our emotions are out of alignment. That is our hearts desire. Amen.

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DAY EIGHTEEN

*“Repentance and forgiveness of sins will be preached in His name, to all nations, beginning at Jerusalem.” Luke 24:47*

Lord, bless those who preach and teach your Word, who live near and far and dedicate their lives to the gospel. May they see a harvest of souls for your kingdom. Provide for our pastors and teachers in every way, giving them perseverance of character and meeting their physical needs. Protect their families from harm, disease and persecution. Lord, help me see my community as my mission field, my "Jerusalem". May I take my ministry seriously in sharing stories of your goodness with my neighbors. Amen.

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DAY NINETEEN

*Jesus said, “I am the Way, the Truth, and the Life.” John 14:6*

Lord, you are our only way to God the Father. Thank you for providing the way. Father, give us clarity of thought, bathed in your truth, which shines light in the darkness of our mind where the lies of Satan hide. Lies that tell us you are too busy to care about the details of our lives and hinder us from bringing our requests to you. Lord, scripture says you know the number of hairs on our head, your thoughts of us are more than the grains of sand. You gave us DNA unique to our own existence. These truths tell us you care about every single detail of our life, whether great or small, and you have all the time in the world to listen to and talk with your creation. Help us believe. Amen.

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DAY TWENTY

*Lord, my heart is anxious, my fears rise. I need your peace.*

My child,

Why do you worry and fret? Do you not know I hold all things in my hand? Do you not believe I am good, and my plans for you are good? Where is your trust? Why do you consider my love for you is conditional? Come, be with me. Sit in my presence and allow me to pour my peace over you, an anointing to carry you through the day. Sit with me, breathe my presence into your spirit as I bring clarity and peace of mind. Be still and know that I am God, and your worries are my miracles in the making. My peace I give to you.

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DAY TWENTY-ONE

*I will restore to you the years that the locusts have eaten. Joel 2:25*

Lord,

It seems things are falling apart, and I have nowhere to turn except you. You know my anxious heart, my troubled thoughts, and the way I want to put everything back the way it was. But you say, "My child, trust me. I have not caused this shaking in your life, but I am here to guide you into a better plan. Lean into me and I will guide you step by step. Be encouraged that my love for you will not fail, my provision for you will not be lacking, and my plan for you is good. Allow me to lead you, to open doors for you, and to walk you through this chaos into a place of peace. I am trustworthy." Lord, help my unbelief.

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DAY TWENTY-TWO

*"Her children arise and call her blessed." Proverbs 31:28*

Father,

The children are grown, out of the house and finding their way. They know of you, yet in the depth of their being, they have not made the connection that you are their personal and intimate God. No one can take them on that journey – they must seek you on their own. Lord, as parents, our heart's desire is for our children to know and walk with you. This is where our faith is stretched. Just as you drew us, we trust you to draw them. You love them even more than we do. Our continued role is to point them to you and pray for them. Be blessed, Lord, through the life and faith of our family. May we be faithful in praying for our children and releasing them to you to do your work. Keep us from interfering where you are teaching and keep us from being their rescue when you are orchestrating situations to draw them near. Increase our faith. Amen.

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DAY TWENTY-THREE

*"I will help you speak and teach you what to say." Exodus 4:12*

My child,

Why do you run from my promptings to share your faith? Do you not know I will give you words to speak and fill them with power to accomplish my purpose? Long before I prompt you to speak of my goodness, I have prepared the heart of the listener to hear. You fear looking or sounding foolish, but I have set the listener in your path to give you an opportunity to share and to hear from you. My purposes are always higher than your understanding. Trust me. Speak as I lead. I am responsible for the results of your obedience, so do not fear. I have a plan, and you are part of it! Your words and voice are valuable in the establishment of My kingdom. Have no fear.

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DAY TWENTY-FOUR

*"Then He touched me and raised me to my feet." Daniel 8:18*

Lord, You are our Healer, our Great Physician. Touch me, Lord, and make me whole.

Father, This is the time of year when sickness attacks and tries to settle into the body. We will not stand for that any longer, and ask you Jesus, to touch us and make us whole. In the name of Jesus, we rebuke infection and sickness and command it to leave. We speak health and strength into our body, lungs, and immune system, in the name of Jesus. We speak healing into all affected tissues and command them to return to normal functioning. We curse all pain and discomfort and command it to go, in Jesus name. Father, thank you for completely healing us. Amen.

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DAY TWENTY-FIVE

*"Give me neither poverty nor riches but give me only my daily bread." Proverbs 30:8*

Lord,

Bless the work of my hands, the words of my mouth, the path I take, that all may be pleasing to you.

Father,

Thank you. Whether in poverty or wealth, you provide for all my needs. You sit with me in the depths when I grieve. You climb with me to the heights in my seasons of abundance. You provide for my physical needs, you restore my emotional wellness, you wrap me in spiritual blessings, and you invite me into your heart through worship. You are my "enough", Lord. May I never look to man to fill the needs that only you can meet, and may I use the resources you so freely give in a way that honors you and increases your kingdom. Lord, may I be generous rather than greedy. May I share rather than hoard. May I represent you in all areas of my life, whether I have much or little. Amen.

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DAY TWENTY-SIX

*"Blessed is the man who trusts in the Lord, whose confidence is in him." Jeremiah 17:7*

Lord,

As we walk through the valleys and mountaintops of our spiritual journey, we are given opportunities to grow more and more into Your likeness. May our focus remain on you, so we don't miss the lessons along the way. You are our Creator, the Rock on which we stand. In you, we find our value, worth, approval, acceptance – in you, we find our identity. Through your eyes, we have significance and purpose, we have Your power, authority and influence to change the world. May we walk through life's journey with wisdom in knowing this truth, "It's all about you!" Amen.

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DAY TWENTY-SEVEN

*"Return to me, for I am gracious and compassionate, slow to anger and abounding in love." Joel 2:13*

My child,

Return to me. Forget the things of the past and return to me. I am your first love.

Remember when you first came to me, when you sought after me with all your heart? Remember the joy of your salvation in me, the way you were caught off guard at My creation, the sunrise and the sunset, the sound and promptings of My voice? Remember the way you shared your thoughts and emotions with Me, your joys and your pain? Return to me and let me be the desire of your heart, the happiness you seek, the One who satisfies and fulfills.

Set aside the work you do out of obligation and commitments made long ago, and let me fill you with my presence, my love, a new commitment to love and seek Me. Sit and learn as I teach you personally. I am your teacher. When the greatest commandment is lived out, when you love me first, then everything else will come easily and naturally. When you make the desire of your heart, the priority of your life, then you will be intentional in living out your life for me! Seek me first! Love me first! (Matthew 22:38)

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DAY TWENTY-EIGHT

*"Blessed is the man who trusts in the Lord, whose confidence is in Him." Jeremiah 17:7*

Father,

Thank you for my children, for these little people who run here and there, making noise and messes. Help me love them with a heart like yours. Help me raise them and correct their behavior in a way that prepares them to be young men and women of character. Give me energy to provide them with a warm and loving home, to listen not only with my ears but with my eyes and heart. Remind me to pray for them daily, for their protection, for their walk with you, for their spouse that you are already raising up for them. May I be a faithful parent, Lord, who asks you for wisdom and who models the behavior of a Christ-follower, giving my children a hunger to also have a relationship with you. May they know me as a person of prayer, who has a faith that will move mountains. Lord, thank you for entrusting these children into my care. Help me do this well. Amen.

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DAY TWENTY-NINE

*"Whoever knows the right thing to do and fails to do it, for him it is sin." James 4:17*

Father,

Thank you for your Holy Scriptures that guide our lives. Thank you for your Holy Spirit who prompts us in right living. Thank you for the gift of conviction that not only calls out sin, but also serves as a map for our lifestyle. Help us stand firm in your truth and not move like shifting sand when storms come. Help us not compromise our faith or behavior for anyone or any reason. May we humbly walk in truth, showing grace and compassion toward others, without judgment, while standing strong on our convictions and beliefs. We love you Lord. May our life reflect that in every way. Forgive us for following others in ways that compromised our faith and forgive us for encouraging others to follow us into compromising their convictions. Help us remove the rebellion that is rooted so deeply in our nature. Amen.

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DAY THIRTY

*"We are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10*

Father,

You created me with purpose, with a divine destiny to be fulfilled. Help me walk, day by day, in the steps that lead me to that purpose. Do not let my life on earth be wasted time, but help me, Lord, to be intentional in loving you. Help me be intentional in strengthening my relationship with you and seeking your presence. I will not find my destiny without you, nor will I fulfill your purpose by telling you what I want to do or who I am intended to be. You alone hold the keys to unlocking this treasure. As I walk with you, Lord, give me courage to take the necessary steps to break free from fear, strongholds, or selfishness. Let me not miss my next step – please repeat it to me as often as it takes for me to understand, and please let me recognize the ways you confirm it is your voice and promptings I am receiving. Let my life make a difference, Lord, for your kingdom. Amen.

DAY THIRTY-ONE

*"Above all, love each other deeply, because love covers over a multitude of sins." 1 Peter 4:8*

Father,

Help me love deeply, to show unconditional love to my spouse, my children, my parents, my siblings, my co-workers, my friends. When the spirit of pride rises up in me, may I see it immediately and humble myself. Remind me that I don't have to be right all the time; it's okay to let someone else "win" an argument or debate. Sometimes I compete with words just to make myself look good in front of others. Help me recognize my competitive spirit that makes others feel less-than. Lord, when I focus on myself, I lose sight of relationships. This year, I want to lay down that bad habit and pick up the ministry of listening, seeing, and reaching out to others. Let me be a walking example of your love. Amen.

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DAY THIRTY-TWO

*"Counsel and sound judgment are mine; I have insight, I have power." Proverbs 8:14*

Father,

This is my prayer, and this is my plea. Help me come to you first! When I need wisdom, explanation, instruction. When my way is foggy, and I can't figure out where to go. When I have criticism or complaint, let me bring it before you rather than striking out at the heart of another. Let me not seek the counsel and wisdom of man before I seek your face and inquire of you. Amen.

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DAY THIRTY-THREE

*"Man will leave his father and mother and be united to his wife, and the two will become one flesh. Therefore, what God has joined together, let no one separate." Matthew 19:5-6*

Father,

Strengthen our marriage. May we have grace, forgiveness and unconditional love toward one another. May our vows of commitment stand the tests of time as we lean into problem solving together, seeking you and trusting you to give us wisdom. May we seek unity rather than self-centered gain. Bind our love with the three-fold cord of you. Lord, through better or worse, through richer or poorer, may our heart beat as one, strong and steady! May we always be committed to weather out the storms of life together. We are family. May we hand down a heritage of family unity and the value of marriage and commitment to our children and generations to come. Amen.

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DAY THIRTY-FOUR

*"And whenever you stand praying, forgive, if you have anything against anyone." Mark 11:25*

Father,

What is this bitterness within my inner person that won't release and be gone? Is it anger? Is it loneliness? Is it resentment? Help me peel away the layers, Lord, and discover what is nestled so deep within and interferes with my thoughts and passions. Bring me freedom, Lord, that I may love without expectation and fear, that I may serve you without hesitation and distance, and that any unforgiveness or negativity that is holding on will be released. Amen.

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DAY THIRTY-FIVE

*“Teach what is appropriate to sound doctrine.” Titus 2:2*

Father,

You are my mentor. Use me to help others walk with you by giving them sound truth and teaching. May I remember to come to you, first, to seek truth, peace, and your perspective in all things before speaking. May I be slow to anger, slow to give an opinion, and quick to seek you. Lord, may my words be filled with wisdom rather than selfish instruction. You alone know the way a man should go. May I be a wise counselor and mentor, allowing you to direct me in all things. Amen.

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DAY THIRTY-SIX

*“Create in me a clean heart, O God, and renew a right spirit within me.” Psalm 51:10*

Father,

May I continue this journey of prayer, seeking you daily, inviting you into my thoughts, my behaviors, attitudes and motives. May I continually submit to you and be quick to confess my weaknesses, inviting you to teach me the better way and give me strength. May my tongue be used to praise you rather than curse others; may I be quick to love and forgive and slow to condemn and resent. Help me see life through Your eyes and Your perspective rather than my own limited and selfish view. I love you Lord. Help my unbelief, help me love you more. Amen.

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DAY THIRTY-SEVEN

*“Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.” John 17:23*

Father,

Help those who have not yet given their lives to Jesus Christ. May your love draw them to you and be revealed to them, so they will come to know you. Lord, we ask that you penetrate their heart of stone and break through the stubbornness, the pride and rebellion, the self-sufficiency that keeps them from you. We understand that often, people must come to their wits end by trying everything else before coming to you. Such is the way of man. We ask for their freedom, Lord. Give us opportunities to minister to and love the unbelievers you put in our path - that it be a natural response rather than pretentious. We know your desire is that all people have faith in you. May we be found faithful in praying for those who do not know you, to become one with you. Amen.

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DAY THIRTY-EIGHT

*“The Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.” Romans 8:34*

Father,

Thank you that you not only hear our words, you see our hearts, know our anxious thoughts, and understand our weakness and struggles. Thank you that even when I don't have words to express my anguish or anxiety, you hear my cry for help. Thank you that, even when I sit in your presence in silence, releasing my troubles to you without words, you hear and give me peace. How can I express my gratitude that even when I struggle, Jesus continually prays for me to have strength, courage, freedom, and victory! What great comfort to know that, even when I fall in my walk with you, Jesus continues to intercede for me! What amazing healing that brings to my soul! Be praised, Lord. Amen.

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## 40 Days of Prayer

### DAY THIRTY-NINE

*“Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.” Mark 1:35*

Father,

It is your presence I long for. I need your nearness, your peace, your wisdom from day to day. May I have the discipline to meet with you regularly – just me and you- so my spiritual cup may be filled, my life may be guided, and my longings satisfied. When I sit with you in that quiet place, you give me instruction and wisdom. You listen to my longings and desires, my troubles and my worries. You alone can give me peace in the depth of my soul that everything will work out. Being alone with You takes me from seeing things through my limited perspective to seeing life from your perspective, which is much bigger and takes into consideration things so much bigger than I can imagine. May I be intentional in setting aside a time daily to meet with you, one-on-one, so my life may be a fresh reflection of you rather than a stale impression. Amen.

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### DAY FORTY

*The prayer Jesus prayed for us in John 17:20-23 (The Passion Translation)*

On this 40<sup>th</sup> and final day of our prayer journey, Jesus prays over us.

Father, I pray for those who believe in me, for them to be joined together as one, even as you and I, Father, are joined together as one. I pray for them to become one with us so that the world will recognize that you sent me. For the very glory you have given to me I have given them so that they will be joined together as one and experience the same unity that we enjoy. You live fully in me and now I live fully in them so that they will experience perfect unity, and the world will be convinced that you have sent me, for they will see that you love each one of them with the same passionate love that you have for me. Amen.

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